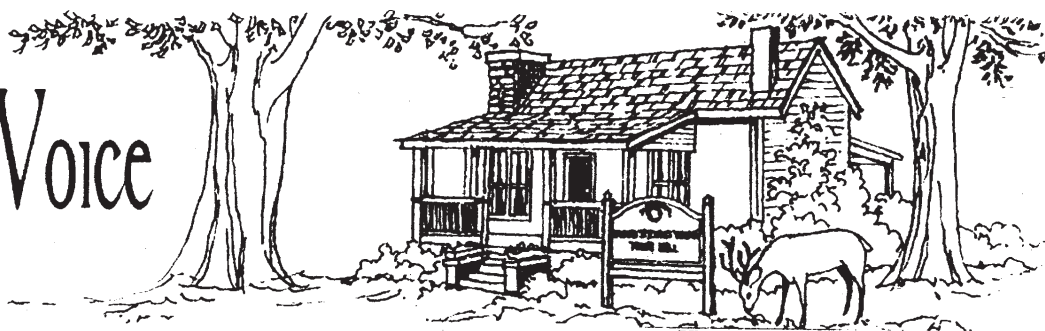


The Village Voice



Volume 24, Number 4 Indian Springs Village, Alabama July 11, 2014

INDIAN SPRINGS VILLAGE TOWN COUNCIL MEETINGS

Tuesday, July 15 & 20, 2014 7:00 p.m.

Tuesday, August 5, 2014 7:00 p.m.

Agenda

- I. Mayor/Council/Committee Reports
- II. Ordinances and Resolutions
- III. Citizen's Forum

Indian Springs Village Telephone Directory
Number is 982-1755

For Town Hall Reservations please contact
Patricia Crapet. E-Mail: ISVillage@aol.com
Website: www.indianspringsvillage.org

Editor's Notes

The Village Voice is the official organ of Indian Springs Village, AL, established October 16, 1990. The mission of this newsletter is to foster a spirit of community and co-operation. It is the vehicle for reporting the monthly deliberations of the mayor and council in town council meetings; additionally it provides these officials and other Villagers a means of communicating – it is a “voice.” Expenses are covered by the efforts and donations of ISV volunteers.

Address letters to the editor and news items to: Alison Stigers, Editor, 5110 Split Rail Trail, Birmingham, Alabama, 35244; Tel: 253-1605, Fax: 949-6279, or e-mail: alison@indianspringsvillage.org.

The Village Voice is published the first week of each month. Articles for the August edition should be submitted by Friday, July 25, 2014. All materials submitted for publication may be edited, including **letters to the editor, which must be signed and give writer's address and phone number.** All opinions expressed in this newsletter are those of the authors of articles; any opinions expressed should not be attributed to the mayor or the council.

Editor's Appreciation to
Mildred Wyatt for the masthead drawing
Herb Robins for proofing

Message From The Mayor *by Brenda Bell Guercio*

I know there is a lot more detail about our Annual Fourth of July BBQ in this issue, but I just wanted to thank all our volunteers who helped with the event and all of our residents and neighbors who joined us for a fun day filled with sunshine, cool breezes, good food and music, a great parade and games and activities for the kids.

In trying to think of any new information I wanted to pass along, two topics occurred to me. One is there have been a few questions asked about our letter to people having obtained business licenses in Indian Springs regarding Act 2012-491 passed by our Legislature. This requirement to comply with Alabama's Immigration Law, otherwise known as the Beason-Hammon Alabama Taxpayer and Citizen Protection Act, is codified at Sections 31-13-1 et seq. of the Code of Alabama 1975. This amendatory Act made several important changes to the law. This is not something Indian Springs came up with and actually adds a significant amount of extra work for our Town Clerk. However, after discussions with the League of Municipalities and the Attorney General's Office, Indian Springs is complying with the law.

Indian Springs recently hosted a very positive meeting bringing the County and City of Pelham together with us as partners in developing an Emergency Action Plan for the dams at our Oak Mountain State Park. I hope this is just a stepping stone on a long path of collaborative efforts joining our neighboring city and our county to be proactive in addressing issues that impact our citizens.

I hope you all had a great Fourth of July and enjoy the rest of your summer.

Sincerely,
Brenda Bell-Guercio

ISV 4TH OF JULY CELEBRATION!

Pages 5, 6 & 7



Town Council Work Session

Minutes

May 14, 2014

The ISV Town Council met at the Town Hall on Wednesday, May 14, 2014 at 7:00 p.m. for a work session to discuss rules and regulations regarding the use of the Town Hall. All Council members were present as well as Tricia Crapet, Town Hall Curator. Periodic abuses of the rules by groups reserving the Town Hall for private functions and not leaving the facilities and/or grounds in a clean state raised concerns for potential rule changes. Several options were discussed including a standard non-refundable fee for each use to cover extra cleaning expenses, paying someone to review the facility after each use and report infractions and scaled fees depending on the size of a group and whether food was involved. Councilman Mendel objected to the "free of charge" concept as lawfully appropriate for the use of the Town Hall for private events. After much discussion, it was determined that the current rules and regulations were sufficient but that enforcement could be improved by better review after the events and prompt reporting of any problems to Tricia for her to notify the group involved. Amy Easton and Joan Downs will check the Town Hall condition the days they are present and report and photograph any problems. Tricia will email the list of reservations each week to Joan and the reservation calendar will eventually be part of the new website so residents can check online when the facility is available. Before a reservation is accepted, a signed copy of the rules and regulations and agreement to those stipulations will be presented to the Town Clerk by those wishing to reserve the facility. Copies will be kept on file. Kathryn Harrington will draft a warning letter to be sent to anyone violating the rules stipulating a second violation will result in loss of reservation privilege. A current penalty of \$100 fee will be charged for the extra cleaning. As the Town Hall was originally conceived to be available 'free of charge' to residents, it was decided that a reservation fee will not be charged at this time.

Respectfully submitted,
Herb Robins, Councilman

Town Council Meeting

May 20, 2014

The Indian Springs Village Town Council met at the Town Hall on Tuesday, May 20, 2014. The Mayor called the meeting to order at 7:00 p.m. and led the Pledge of Allegiance. The Town Clerk called the roll and all council members were present except Councilperson Kathryn Harrington.

Mayor Bell-Guercio began the meeting by acknowledging Boy Scout Grayson Davis. He reported the bench around the tree at the Town Hall has been completed along with repairs

to the pavilion. He presented the council with receipts from the project. The budget was \$1500 and total cost was \$865.00. The council complimented his work and cost effectiveness.

The council meeting minutes of May 6, 2014 were approved as written. The review of the minutes of the May 14, 2014 work session was postponed to the next council meeting.

PAZ Chairman Wayne Jones informed the council that PAZ approved the Pate (Indian Crest) Sub Division. Councilman Trammell stated his concerns regarding ISV's planning jurisdiction over the Pate property. A discussion followed regarding ISV and county recorded information showing entire property as part of ISV. State law regarding validity of annexation was also discussed. Councilman Mendel made a motion to accept the subdivision as presented. Councilman Robins seconded the motion. The vote was four to one. The motion passed.

Councilman Robins reported that there was a problem with the sprinkler system, however it has been repaired.

Mendel requested a delay in the financial report due to the amount of business that needed to be conducted.

Mrs. Patricia Crapet, Town Hall Curator, reported that all reservations had received an e-mail requesting a signed copy of the rules and regulations of Town Hall use be returned. Currently they are being returned to her but in the future an e-fax will be set up to receive the copies at the Town Hall. Bell-Guercio asked that contact information be included on the forms.

Wayne Jones, PAZ Chairman, introduced the Zoning Ordinance to the Council. There was a small audience at the council meeting and they expressed some concerns with a few of the sections in the proposed Zoning Ordinance. Most of the concerns centered on the doubling of the minimum floor area requirements in residential districts. Questions and changes requested by the council and audience were discussed at length. The council decided to publish a second notice and schedule a second public meeting on June 17, 2014 to further discuss the proposed Zoning Ordinance. Jones will provide a red-line draft for review. It will be published on web-site or a hard copy can be viewed at the Town Hall.

Trammell made a motion to dispense with the reading and pass Resolution No. 05-20-14-01 regarding the Sign Moratorium which will extend the moratorium to August 18, 2014. Robins seconded and the vote was unanimous.

Trammell presented Ordinance No. 2014-04 which will update the ISV posting locations (documents for public review and action). Mendel made a motion to accept the ordinance as presented. Robins seconded and the vote was unanimous.

The Mayor adjourned the meeting at 9:40 p.m.

Respectfully submitted,
Joan Downs, Town Clerk

Town Council Meeting

June 3, 2014

The Indian Springs Village Town Council met at the Town Hall on Tuesday, June 3, 2014. The Mayor called the meeting to order at 7:00 p.m. and led the Pledge of Allegiance. The Town Clerk called the roll and all council members were present except Councilman Brian Stauss.

The minutes of the prior council meeting were discussed. Changes to the minutes were made by Councilman Robins and Councilman Trammell. Councilperson Harrington moved that the version of the minutes of May 20, 2014 with the changes by Robins concerning the Pate Property be accepted as our minutes. Robins seconded the motion. Councilman Trammell asked for a voice vote. The results were:

Bell-Guercio – Yes
Robins – Yes
Mendel – Abstained
Harrington – Yes
Trammell - No

The minutes to the May 14, 2014 work session were discussed. Councilman Mendel asked that a sentence be added to the minutes. After sentence four include;

Councilman Mendel objected to the “free of charge” concept as lawfully appropriate for the use of the Town Hall for private events.

Councilperson Harrington made a motion that the minutes include Mendel’s sentence and that the minutes be approved as amended. Mendel seconded the motion and the vote was unanimous.

Fire Chief Tyler reported to the Council that in May, there were a total of 147 calls; 46 fire related and 101 medical related. He also reported that so far this year, there have been 56 civilian fire deaths; 71 in 2013 and 78 in 2012. Ed Paulk, the State Fire Marshal, is holding a media kick off campaign Wednesday to promote awareness and prevention. The new slogan is TURN YOUR ATTENTION TO FIRE PREVENTION. Chief Tyler said, “The main cause of fires is men, women and children,” hence the importance of reminding people to be more cognitive of their environmental surroundings and use simple common sense safety precautions, i.e. don’t turn a space heater on by a curtain, don’t leave a candle burning unattended to name a few. He also reminded everyone that May 1st through October 31st, there is an OUTDOOR NO BURN ban.

Mendel presented the April financials for approval. A debate concerning the authorization by the Mayor to approve expenditures under \$500 ensued without a unanimous consensus. Bell-Guercio asked Harrington as legal liaison to the Council to research the issue and report back to the Council. Trammell made a motion to accept the April financials as presented. Mendel seconded

the motion and the vote was unanimous. The credit card statements were reviewed and approved.

Trammell made a motion to the Town Council to re-appoint Rita Mendel to the Education Building Authority to the Town of Indian Springs Village for a six year term beginning November 11, 2013 to November 11, 2019. Robins seconded the motion. The vote was four in favor; Mendel recused himself; the motion carried.

Frazier Christy, City Engineer, was recognized by the Mayor to give an explanation of building height regulations as written in the new proposed Zoning Ordinance (page 35). He explained in detail how the new construction height measurements were measured and also explained that this was a carryover from the previous ordinance. Therefore, this particular paragraph had not been changed but, in his opinion, this was a good and reasonable height measure.

Robins reported that the Caldwell Mill Rd. and County Road 14 paving has been delayed one to two weeks. However, they are scheduled to begin June 1st and hope to have it completed before schools start in early August.

Robins reported that he had a bid from Shane’s to cater the Fourth of July BBQ at a cost of \$6002.34 (same cost per servings as last year). Harrington made a motion to suspend the rules and Mendel seconded. A roll call vote was taken. The vote was unanimous. Mendel then made a motion to accept Shane’s bid, Trammell seconded, the vote was unanimous.

Robins also reported that he had received a price of \$1,195 from Davis Plumbing to install a two and a half gallon hot water heater in the kitchen and move the existing kitchen heater to the bathroom. The current water heater is not adequate for cleaning purposes and the bathroom heater does not work at all. Mendel made a motion to suspend the rules and Trammell seconded. The vote was unanimous. Mendel then made a motion to accept and go forward with the project as described by Davis Plumbing to install a new hot water heater and move the old one to the bathroom. Harrington seconded the motion and the vote was unanimous.

Harrington talked about the forthcoming new editor of *The Village Voice*, Michael Harrington, and a plan to possibly go back to a printed and mailed issue. Cost factors are being analyzed and more information will follow and be discussed.

Bell-Guercio informed the Council that the Alabama Immigration Law requires the Town to verify citizenship of individuals and business owners prior to issuing a business license. A letter will go out to all current license holders requesting verification and any new applicants must verify citizenship before a license is issued.

Bell-Guercio discussed the need for an Emergency Action Plan for the dams at Oak Mountain State Park which border our town and sit just above the Oak Mountain Schools on Cahaba Valley Road. This would first require an inundation study to determine the amount of water and at what force, height, and extent of flooding would occur in the event a catastrophic dam failure. This would be evaluated by dam experts with

ISV Celebrates the 4th

As with most events, a great deal of preparation took place before the big day. Mayor Brenda Bell-Guercio and Town Clerk Joan Downs hung bunting around the Town Hall. Herb Robins assisted with the set-up, organized the volunteers and ordered the BBQ, which was catered by Shane's Rib Shack again this year.

On the morning of the 4th, a beautiful, temperate day, the Pavilion buzzed with activity as last-minute preparations continued, while Michael Harrington organized and registered the parade participants in the parking lot in front of Shane's.

All was ready at the Pavilion as the cars, bikes and trucks entered the Town Hall grounds after winding along the parade route. Jake Guercio, John Easton, Robert James and David Price were in charge of parking cars; Bob and Kate Konecny once again manned the ticket table; Ashley Kitchens created all kinds of amazing designs from flowers to snakes to stars for kids of all ages; Lauree and Emily Jones provided games and entertainment for the kids; Punky the Clown (aka Irene Bell) made some amazingly inventive balloon hats and sculptures.

The tables were decorated with cheery red, white and blue plants provided by the Indian Springs Village Garden Club, represented by Lynn Hendricks, Mary Bowman, Laura Jones, Carol McBride, Mickey Farmer, Liz Eich, Jennie Pittman and Ruth Goodwyn. Those same plants were offered for sale after lunch to raise money for the ISV Children's Fund.

The Star Spangled Banner played as the flag was raised by Shelby County Sheriff Chris Curry and Chief Deputy John Samaniego, followed by the Pledge of Allegiance. The Little Miss and Mister Indian Springs Village pageant winners, Penny Lane Burr and Barrett Alvis and the Court were introduced. Jim Wyatt recited a stirring poem he had written, and Ron Luster led those gathered in prayer.

Randy McDowell of Mac's Tracks provided the music as everyone lined up for lunch, although some folks decided that sampling the delicious homemade desserts *before* BBQ was the correct order of things! Rita Mendel, Jane Martin, Susan Price and Jessie Mendel served at the dessert table.

The winners of the dessert contest were announced: Alding Waldrop placed 4th with Twix Brownies, Jenny Pittman 3rd for a Coffee Angel Food Cake and 2nd place to Jessie Mendel for her Red, White & Blue Cake. First place went to Amy Easton for her Banana Pudding.

Since it was not as hot as it has been on previous 4ths, the drinks table was not quite as hectic. Margie Robins, Amy Easton, Laura Jones, Kimberly Armstrong and her daughter, Alisha, and Alison Stigers took turns making sure everyone was served.

After everyone headed home to put their feet up and digest, a group of volunteers remained to make short work of clean-up: the Jones clan (Wayne, Warren, Ben, Wen, and Sierra), Joan Downs' family, Danny Barry, the Easton family and Herb and Margie Robins.

Many thanks to all of those dedicated townspeople who helped make our 4th of July Celebration a great one.



Photo credits: Our thanks to Claire Owens and Michael Harrington.

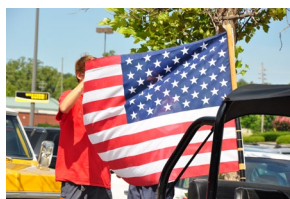
The parade route. Penny Lane Burr and Barrett Alvis, Little Miss & Mr. Indian Springs Village. Punky the Clown. The Fridays.



Parade Participants



Max and Kris Davis - Porsche Boxster 2008
 Burt Gavin - Chevy Cheyenne 1972
 Lynlee & Lauren Thrasher - Dune Buggy
 Logan Thrasher - Honda Foreman ATV
 Jim Wilson - 1957 Chevrolet
 Sheriff Chris Curry and his wife, Pam, and Mayor Bell-Guercio
 Chief Deputy John Samaniego and his daughter, Sophia along
 with Lara Alvis and her son, Barrett, Mr. Indian Springs Village
 Rita Mendel with Jesse Mendel & Sarah Boudwin
 Traci Tomme and Merrin - Go Karts
 Trudy Skokol & Renee Porter - Corvette Stingray 1973
 David Mosley - 2011 KTM Adventure motorcycle
 Steve Skokol 1995 Harley "Bad Boy"
 Jason Lynch - 1994 Jeep Wrangler
 Daniel Friday - 1947 Willys CJ-2A
 Ken Friday - 1970 MG MGB
 Kevin Miller - Porsche Boxster 1999
 Paul Demarco - White Pick-up Truck
 Dale Brakhage - 1969 Mustang
 N. Shelby Fire Truck with Little
 Miss Indian Springs Village
 and her Court





Jim Wyatt. Sherrif Chris Curry and Chief Deputy John Samaniego raise the flag. Stuart McGraw and Kristin Lowery. Balloon hats. Ruth Goodwyn. Mayor Brenda Bell-Guercio. Pageant participants Belle Cassey, Brenna Casey, Penny Lane Burr, Sadie Arnold, Maggie Alvis. Barret Alvis and his mom. Veterans and our own Jim Wyatt. The line for BBQ.

North Shelby Library July

Happenings *by Cecelia Dean, North Shelby*

Library Youth Services Department

**You can now register for our programs online. Visit our website at www.northshelbylibrary.org to view our calendar and make reservations.

Special Programming

Mondays, July 7th and 21st, Thursday, July 17th at 1:00 p.m. - Preschool Movie and at 3:00 p.m. – Family Movie Matinee. All ages welcome. No registration required. Snacks served.

Tuesdays, July 1st, 8th, 15th and 22nd from 2:00-3:30 p.m.: Craft Day. Drop in anytime between 2:00-3:30 p.m. All ages welcome. Registration required. Registration begins 1 week prior to craft date.

Thursday, July 3rd at 11:00 a.m.: The Science of Playing with Food. Tired of your parents telling you to quit playing with your food? Join us for this foodtastic program where we'll make scientific creations out of everyday food products. Ages 7-13. Registration required.

Thursday, July 10th at 11:00 a.m. and 1:00 p.m.: McWane Center Super Science Show. Step right up for a science circus assembly show! Explore the wonders of liquid nitrogen, the power of explosions and the shocking world of electricity. All ages. No registration required. This program is sponsored by Joseph S. Bruno Montessori Academy.

Friday, July 11th: All Ages Lego Competition. Use your own bricks to make an original creation to be judged by our all-star judges. Registration required. View a rules/info sheet on our website.

Monday, July 14th: Impact Martial Arts Kid Safe Workshop at 2:00 p.m. This workshop is a Self-Defense, Safety and Awareness Program for children that teaches physical and mental self-defense. Ages 5 and up. No registration required.

Impact Martial Arts Bully Proof Workshop at 6:30 p.m. This interactive program is designed to give children the confidence, self-esteem and knowledge needed to defend themselves against bullies. Ages 5 and up. No registration required.

Wednesday, July 23rd at 10:30 a.m.: Summer Reading End Party with Mr. Mac. Join us for fun, refreshments, grade level prizes, the Grand Prize Drawing and much more! All ages welcome. No registration required.

Saturday, July 26th at 6:00 p.m.: Summer Reading End Party with Tom Foolery. Join us for fun, refreshments, grade level prizes, the Grand Prize Drawing and much more! All ages welcome. No registration required.

Story-Time Programming

Mondays, July 7th, 14th and 21st at 9:30 & 10:30 a.m.: Toddler Tales. Stories, songs, fingerplays and crafts make up a lively 30-minute program designed especially for short attention spans. Registration will begin one week prior to each storytime. Ages 19-36 months. Registration required.

Tuesdays, July 1st and 15th at 9:30 a.m.: Baby Tales Story Time. A story time designed especially for babies and their caregivers. Stories and music provide interaction for the babies

and time for caregivers to talk and share with each other. Ages: Birth to 18 months. Registration required. Registration begins one week prior to program date.

Wednesdays, July 2nd, 9th and 16th at 10:30 and 11:30 a.m.: Mr. Mac (Storyteller Extraordinaire!) Stories, puppets and lots of music for every member of the family. All ages welcome. No registration required.

Thursdays, July 3rd, 10th and 17th at 7:00 p.m.: P. J. Story Time. Come in your PJs, have milk and cookies and hear some wonderful bedtime tales. All ages welcome. No registration required.

* For more information or to register for any of our programs or storytimes, call or email the Children's Department at 205-439-5504 or northshelbyyouth@gmail.com or visit our website at www.northshelbylibrary.org/.

Teen Happenings July 2014

Teen Summer Reading: Spark a Reaction. The North Shelby Library Teen Department has all kinds of programs and activities scheduled for this year's summer reading program — contests, comics, movies and more. Plus prizes and food! Registration runs until July 18 online at al.evanced.info/northshelby/sr/homepage.asp. Book logging begins as soon as you register and is done online. The last day to log for teens is July 23. A weekly reading prize will be drawn each Friday and the grand prize winner will be announced July 24.

Anime Night: Monday, July 7th @ 6:00 p.m. Join us in the teen department for an evening of anime. The audience will pick what we watch. Treats will be served and costumes are welcome! Contact Kate at 439-5512 or nsyouth@shelbycounty-al.org for more information.

Gigi's Cupcakes!: Thursday, July 10th @ 6:00 p.m. Each participant will be able to try their hand at decorating. Cupcakes and decoration supplies will be provided. Win prizes! Register online for this event using the library calendar on www.northshelbylibrary.org. Call or email Kate at 439-5512 or nsyouth@shelbycounty-al.org for more information.

Gaming: Fridays, July 11th, 18th & 25th @ 3:00-5:45 p.m. Come to the Teen Department each Friday afternoon for open gaming on the Wii and with board and card games. A parent permission slip must be on file at the Library for teens to attend. Please note that there will not be an open gaming on August 1. Call or email Kate at 439-5512 or nsyouth@shelbycounty-al.org for more information.

Minecraft at the Library: Monday, July 14th @ 6:00 p.m. Show off your world-building skills in a creative building competition. If you are able, please bring your laptop/tablet. We will have offline activities, too. Prizes! Register online for this event using the library calendar on www.northshelbylibrary.org. Contact Kate at 439-5512 or nsyouth@shelbycounty-al.org for more information.

Young Adult Writing Group: Tuesday, July 15th @ 4:00 p.m. An open meeting for teen authors who want to build their writing skills and respectfully discuss and provide feedback on each other's work. Snacks served. Contact Kate at 439-5512 or nsyouth@shelbycounty-al.org for more information.

Women's Self Defense Class: Thursday, July 17th @ 6:00 p.m. Karen from Impact Marial Arts will teach a variety of self defense techniques for women. Call the reference department at 439-5510 to register or for more information.

Kingdom Comics: Friday, July 18th @ 5:00 p.m. Stan from Kingdom Comics will be here to talk about the latest in comics and graphic novels. He'll be asking trivia questions and giving away fun

prizes! Call or email Kate at 439-5512 or nsyouth@shelbycounty-al.org for more information.

Movie Night: Monday, July 21st @ 6:00 p.m. Enjoy a recent PG or PG-13 movie in the meeting room. Teens & adults welcome. For movie title and more information, call or email Kate at 439-5512 or nsyouth@shelbycounty-al.org.

Teen Summer Reading End Party!: Thursday, July 24th @ 6:00 p.m. *Minute to Win It* activities and the Computer Animation Workshop Film Festival. Door prizes, Grand Prize announcement and Audience Favorite Film will be awarded. Dinner served. Call or email Kate at 439-5512 or nsyouth@shelbycounty-al.org for more information.

Adult Programs

Brit Flick Movie Night | Friday, July 11th | 7:00 p.m.

Enjoy a British movie with light refreshments and adult beverages

Paint & Pour | Tuesday, July 15th | 6:00-8:00 p.m.

Registration required \$3 per person. Get creative on the canvas. Light refreshments, adult beverages.

Women's Self Defense Workshop | Thursday, July 17th | 6:00-7:00 p.m. Self-defense with Impact Martial Arts

Trivia Night | Friday, July 18th | 7:00-9:00 p.m.

Registration required. Trivia team contest, refreshments, beverages & prizes! *Sponsored by Friends of the North Shelby Library*

Downton Abbey Trivia | Tuesday, July 22nd | 6:30-8:00 p.m.

Registration required. Test your *Downton Abbey* knowledge before Season 5! Refreshments (tea, of course) & prizes!

In Memoriam



Ada Holden Lynch, age 97, of Birmingham, passed away July 3, 2014 with her children by her side.

Ada was a member of Our Lady of Sorrows Catholic Church. Originally from New Jersey, she moved to Birmingham in 1955. A devoted wife, mother, grandmother and great-grandmother, she will be remembered for her love of family, amazing spirit and tremendous

determination.

Ada was preceded in death by her loving husband, James J. Lynch, Jr., and her daughter, Barbara Joan Lynch. Survivors include one daughter, Patty Reames (Sam); one son, James J. "Murphy" Lynch (Paula) of Indian Springs Village; grandchildren, Kelly Reames of Bowling Green, Kentucky, and Jason (Aaron) Lynch and Clayton Lynch of Birmingham; and one great-granddaughter, Ada Grace Lynch.

Visitation was held one hour before the 10:00 a.m. Funeral Mass on Saturday, July 5, 2014 at Ridout's Southern Heritage Funeral Home in Pelham.

The family requests that memorial gifts be made to The Big Oak Ranch or Our Lady of Sorrows Catholic Church.

Special thanks to the nursing staff at Golden Living Riverchase and the kindness and compassion given by the nurses of Vita's Hospice Services

Music Therapy Is Topic For Garden Club Meeting

by Ruth Goodwyn, Publicity Chair, Indian Springs Garden Club

Many regard gardening as a type of therapy, and members of the Garden Club were enthusiastic participants when Jessica Terry of the Tarrant area, with her guitar, demonstrated the benefits of another type of therapy not very well known or practiced in Alabama at this time. She described music therapy as "using music to work for non-musical goals." The meeting was Thursday, June 26, at the Town Hall, at 6:30 p.m.

Ms. Terry is a graduate in music and music therapy from Samford University and the University of Alabama. To become a music therapist, one must complete these degrees, then serve a six-month internship and pass the national examination by the Certification Board for Music Therapists.

According to the American Music Therapy Association (AMTA), music therapists assess emotional well-being, physical health, social functioning, communication abilities and cognitive skills through musical responses; design music sessions for individuals and groups based on client needs using music improvisation, song writing; learning through music; participate in interdisciplinary treatment planning, ongoing evaluation, and follow up.

Children, adolescents, adults and the elderly with mental health needs, those with developmental and learning disabilities, Alzheimer's disease and other aging-related conditions, substance abuse problems, brain injuries, physical disabilities and acute and chronic pain can all benefit from music therapy. AMTA offers a substantive body of research to support the effectiveness of this type therapy.

All styles of music can be used in effecting change in a client or patient's life, from lullabies for children to Sacred Heart (or "shape note") singing for adults and the elderly. One particular style or genre of music is no more therapeutic than all the rest; the patient or client need not have musical ability to benefit from music therapy.

For audience participation, partially-written songs were distributed to be filled out by pretender drug-addicts, smokers, cancer-survivors, etc. These were completed by members, collected and then sung. Everyone appreciated Ms. Terry's beautiful voice.

In keeping with the topic of the meeting, Eleanor Bennett chose Palm 93 as the devotional to open the meeting. Patsy Strozier provided the delicious refreshments.

On Saturday, July 26, members will meet at 8:00 a.m. at the Town Hall to car-pool to Birmingham to Pepper Place, Railroad Park and, if time permits, to the Museum of Art.

INDIAN SPRINGS VILLAGE CALENDAR OF EVENTS –JULY 2014

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 INDIAN SPRINGS VILLAGE TOWN HALL SOCIAL GET-TOGETHER 6:30 PM HEARDMONT SENIOR CENTER 10-11 Aerobics 11 Bible Study 10-2 Bingo & Board Games 12 LUNCH JULY 4TH CELEBRATION WEAR RED, WHITE AND BLUE	2 HEARDMONT SENIOR CENTER 9-12 Bridge 12 LUNCH	3 HEARDMONT SENIOR CENTER 10-11 Aerobics 10-2 Bingo & Board Games 12- LUNCH	4 HEARDMONT SENIOR CENTER 9-10 Zumba Gold 10-11 Intermediate Line Dancing 11-12 Beginning Line Dancing
7 HEARDMONT SENIOR CENTER 9:30-10:30 Tai Chi	8 HEARDMONT SENIOR CENTER 10-11 Aerobics 11 Bible Study 10-2 Bingo & Board Games 12 LUNCH	9 HEARDMONT SENIOR CENTER 9-12 Bridge 12 LUNCH	10 HEARDMONT SENIOR CENTER 10-11 NO AEROBICS 10-2 Bingo & Board Games 12- LUNCH HEALTH FAIR 10:00-12:00	11 HEARDMONT SENIOR CENTER 9-10 Zumba Gold 10-11 Intermediate Line Dancing 11-12 Beginning Line Dancing
14 HEARDMONT SENIOR CENTER 9:30-10:30 Tai Chi 9:30- 12 Mah Jongg 10:30-2:30 – Canasta	15 INDIAN SPRINGS VILLAGE TOWN HALL TOWN COUNCIL MEETING 7:00 P.M HEARDMONT SENIOR CENTER 10-11 Aerobics 11 Bible Study 10-2 Bingo & Board Games 12 LUNCH BISCUIT BASH	16 HEARDMONT SENIOR CENTER 9-12 Bridge 12 LUNCH	17 HEARDMONT SENIOR CENTER 10-11 Aerobics 11-Becky with Harrison Regional Library 10-2 Bingo & Board Games 12 LUNCH	18 HEARDMONT SENIOR CENTER 9-10 Zumba Gold 10-11 Intermediate Line Dancing 11-12 Beginning Line Dancing
21 HEARDMONT SENIOR CENTER 9:30-10:30 Tai Chi 9:30- 12 Mah Jongg 10:30-2:30 – Canasta	22 HEARDMONT SENIOR CENTER 10:00-3:00 Bingo & Board Games 12 LUNCH TRIP TO BLUEBELL ICE CREAM AND OUT TO LUNCH SEE SIGN UP	23 HEARDMONT SENIOR CENTER 9-12 Bridge 12 LUNCH	24 INDIAN SPRINGS VILLAGE TOWN HALL ISV GARDEN CLUB MEETING 6:30 P.M HEARDMONT SENIOR CENTER 10-11 Aerobics 11-Becky with Harrison Regional Library 10-2 Bingo & Board Games 12 LUNCH	25 HEARDMONT SENIOR CENTER 9-10 Zumba Gold 10-11 Intermediate Line Dancing 11-12 Beginning Line Dancing Heardmont Dance-7:00 PM
28 HEARDMONT SENIOR CENTER 9:30-10:30 Tai Chi 9:30- 12 Mah Jongg 10:30-2:30 – Canasta	29 HEARDMONT SENIOR CENTER 10:00-3:00 Bingo & Board Games 12 LUNCH	30 HEARDMONT SENIOR CENTER 9-12 Bridge 12 LUNCH	31 HEARDMONT SENIOR CENTER 10-11 Aerobics 11-Becky with Harrison Regional Library 10-2 Bingo & Board Games 12 LUNCH JENNY LACY HEALTHSOUTH TO DISCUSS LIVER HEALTH	Center hours are <i>Monday-Friday 9-3 pm</i> <i>Phone : 991-5742</i> <i>Fax: 991-5657</i> <i>Email:</i> <i>heardmontparksc@gmail.com</i> 5452 Cahaba Valley Road INDIAN SPRINGS VILLAGE TOWN HALL (205) 982-1755 2638 Cahaba Valley Rd. Indian Springs, AL 35124