

# The Village Voice



Volume 22, Number 5

Indian Springs Village, Alabama

August 3, 2012

## INDIAN SPRINGS VILLAGE TOWN COUNCIL MEETINGS

Tuesday, August 21, 2012 7:00 p.m.

Tuesday, September 4, 2012 7:00 p.m.

### Agenda

I. Mayor/Council/Committee Reports

II. Ordinances and Resolutions

III. Citizen's Forum

Indian Springs Village Telephone Directory  
Number is 982-1755

For Town Hall Reservations please contact  
Patricia Crapet. E-Mail: [ISVillage@aol.com](mailto:ISVillage@aol.com)  
Website: [www.indianspringsvillage.org](http://www.indianspringsvillage.org)

### Editor's Notes

*The Village Voice* is the official organ of Indian Springs Village, AL, established October 16, 1990. The mission of this newsletter is to foster a spirit of community and co-operation. It is the vehicle for reporting the monthly deliberations of the mayor and council in town council meetings; additionally it provides these officials and other Villagers a means of communicating – it is a “voice.” Expenses are covered by the efforts and donations of ISV volunteers. Deliveries are made at no charge by volunteer couriers.

Address letters to the editor and news items to: Alison Stigers, Editor, 5110 Split Rail Trail, Birmingham, Alabama, 35244; Tel: 253-1605, Fax: 949-6279, or e-mail: [alison@indianspringsvillage.org](mailto:alison@indianspringsvillage.org).

*The Village Voice* is published the first week of each month. Articles for the September edition should be submitted by Friday, August 31, 2012. All materials submitted for publication may be edited, including **letters to the editor, which must be signed and give writer's address and phone number.** All opinions expressed in this newsletter are those of the authors of articles; any opinions expressed should not be attributed to the mayor or the council.

### Editor's Appreciation to

Indian Springs Village couriers for hand delivery  
Mildred Wyatt for the masthead drawing  
Herb Robins for proofing

## Message from the Mayor *by Steve Zerkis*

### ISV Election for Council Member

My message this month will be entirely about the upcoming municipal election. For the first time in 20 years, Indian Springs Village will hold a real election. Here are the candidates for mayor and the five council positions.

**For mayor:** Brenda Bell-Guercio. She is unopposed.

**For council members:** Incumbents Herb Robins, Jack Mendel and Brian Stauss are unopposed.

Bart Trammel has filed for Stewart Dudley's council position and is unopposed.

Two candidates have filed to run for the council position being vacated by Brenda Bell-Guercio. They are Kathryn Harrington and Logan Cook.

The election will be held on August 28 from 7:00 a.m. to 7:00 p.m. at the ISV Town Hall at 2635 Cahaba Valley Road. This is the only voting location for this election. Of course, you must be a registered voter and a resident of Indian Springs Village to vote. **Please bring identification.** Kelly Rasco is looking for poll workers. This is an important election and I urge you to vote.

I encourage you to read the biographies of Harrington and Cook included in this issue and learn about the two candidates and what they have to offer the town. Both are long time residents of ISV and have raised their families here. One has successfully served the town from its inception and the other is looking to serve. Please consider the experience and skills they have that can help the town.

*(continued on page 2)*

## We Need Your Email Address

*The Village Voice* is going to be distributed by email shortly and we need your email address to make sure you continue to receive it. Home delivery of the paper version will stop after September. Just send a note to [myvillagevoice@yahoo.com](mailto:myvillagevoice@yahoo.com) or to me at [steve@indianspringsvillage.org](mailto:steve@indianspringsvillage.org) and you will be on the list. Paper copies will still be available at a few locations around town. Its important that we have your email address.

There will be a number of challenges facing the town over the next few years including improving control over storm water flooding and its effect on property. The mayor and council will have to work with Shelby County and state agencies to enact ordinances and measures to control that flooding which affects your homes and property. There will also be issues regarding new development and various legal and environmental actions. The council will need to use all of its collective skills and experience to serve the the best interests of Indian Springs Village.

You have a very good slate of candidates for mayor and council. It is important that you get out and vote and show your support. The two candidates for the open Council position deserve your attention. Please make a point of voting. If anyone needs help getting to our polling place, call and we will try to get transportation.

One more thing. You will have the opportunity to vote the old-fashioned way, using paper ballots and metal ballot boxes. There will be no electronic voting or scanning machines. Ballots will be counted by hand and results reported as soon as they are certified. We will have a taste of voting as it has been done for decades. I am glad to see we are going to have an election. See you at the polling place.

Steve Zerkis, Mayor

## **Town Council Meeting**

June 19, 2012

The Indian Springs Village Town Council met at 7:00 p.m. at the Town Hall. The Mayor called the meeting to order and the City Clerk called the roll. All council members were present except Brenda Bell-Guercio and Brian Stauss. The Mayor reviewed the agenda.

The June 5 minutes were reviewed. Robins made a motion to approve the minutes, seconded by Mendel. The motion was accepted unanimously.

The May financial report was presented. Mendel made a motion that the report be endorsed as presented, seconded by Robins. The motion was accepted unanimously.

Mayor Zerkis reviewed the 2012 municipal elections calendar. On July 3, he will announce the upcoming election and candidate qualifying will begin and run through July 17 at 5:00pm. Qualifying forms are available from the City Clerk. Election day is August 28.

Robins reported that most everything is set up for the Fourth. He will contact Scout Master Jones, who offered to have his Scouts volunteer at the event. Mayor Zerkis would like for four Scouts to perform the flag raising ceremony. Zerkis is still looking for a bugler. Stauss will get the invitations out this weekend.

Mayor Zerkis is receiving email addresses for the electronic distribution of *The Village Voice*. He is still

planning to change the distribution from delivery to primarily electronic on September 1. A discussion followed.

The Mayor has received recent reports of coyote sighting and missing pets. He cautioned everyone to not leave food outside and bring small pets inside.

Robins replaced the flag pole light bulb. He received an invoice from Outdoor Lighting Perspectives for \$209 for the annual contract for the maintenance of the Town Hall exterior lighting. He received a bid from Cobb Roofing for the replacement of the pavilion roof. It included pricing options for other items that need to be repaired on the roof. A discussion followed. Robins will get more bids.

Robins thanked Wayne Jones and his family for cleaning up the burn pile and filling in the gravel in different locations on the Town Hall grounds.

Mendel asked about the installation of the U-Verse and if it had been discussed at a previous meeting. Other council members recalled that it was brought up at a meeting he did not attend. Due to technical issues U-Verse cannot be installed. Stauss will order another internet service from AT&T.

Chief Tyler gave an update for the NSFD. There was a fire at River Place Apartments and the firemen had it under control in eighteen minutes. NSFD will have a table at the Fourth of July Celebration for the Yellow Dot program. Battalion Chief Bart Wilkerson will be here from 11:00 a.m. to 1:00 p.m.

The Mayor opened the floor for public comment. A resident asked about the publicity for the upcoming election. A discussion followed.

The Mayor adjourned the meeting at 8:00 p.m.

Respectfully submitted,  
Kelly Rasco, City Clerk

## **Town Council Meeting**

July 3, 2012

The Indian Springs Village Town Council met at 7:00 p.m. at the Town Hall. The Mayor called the meeting to order and the City Clerk called the roll. All council members were present. The Mayor reviewed the agenda.

Mayor Zerkis announced that the municipal elections will take place on August 28 at the Town Hall. Anyone interested in running for mayor or any of the council positions may obtain a Statement of Candidacy from the City Clerk. The qualifying period begins today and runs through July 17 at 5:00 p.m.

The June 19 minutes were reviewed. Mendel made a motion to accept the minutes, seconded by Robins. The motion was accepted unanimously.

Mayor Zerkis announced that the Fourth of July Celebration is tomorrow and confirmed that everything is all set.

Robins thanked Jennifer Bondi for reporting problems with the sprinkler system and contacting the sprinkler repairman. The system has been repaired. The cost was \$325. Robins also thanked the Garden Club for the grounds clean-up and preparing flower arrangements for the Fourth of July Celebration.

Robins received another bid for the roof replacement for the pavilion from Hinkle Roofing and is waiting for a third bid.

Stauss reported he is researching bulk e-mail solutions. He gave an update on the installation of internet services. Once they are installed, a security system can also be installed.

Mayor Zerkis asked Councilman Dudley the status of establishing a traffic court. A discussion followed about civil court and legal details. Dudley said we also need to talk with our insurance carrier about it. He added that we will need to adopt several ordinances to set up the court. Dudley will report back to the Council in August.

Mayor Zerkis said it is time to begin working on the operating and capital budgets for fiscal year 2013.

There was a discussion about the fire hydrant project.

Zerkis had a meeting last Wednesday with Gareth Vaughn, the Director at Indian Springs School, about remodeling several campus buildings. There are issues with significant flood plain changes on their campus. A discussion followed. Work is continuing on the ISV storm water and subdivision ordinances.

The Mayor opened the floor for public comment. NSFD Chief Tyler reported he is set up at Town Hall for the Yellow Dot program tomorrow and gave a run report for June.

The Mayor adjourned the meeting at 8:07 p.m.

Respectfully submitted,  
Kelly Rasco, City Clerk

## Candidates for Mayor

*by Steve Zerkis, Mayor*

I want to explain something about becoming a candidate for a municipal office and how that process affected one candidate. All elected officials in the state are required to submit a Statement of Economic Interests by April 30 of each year to the Alabama Ethics Commission. This is a document that describes financial relationships, business ownership and income sources related to business with government. It extends to family members. Each candidate for an elected office is also required to submit that statement when they become a candidate. An elected official who has filed their annual statement does not have to file a second statement.

All candidates must file that statement to qualify for office. If a statement is not filed, the candidate is not qualified and their name is removed from the ballot. This is the law and is in Section 36-25-15 of the Code of Alabama.

We had a situation where two members of our council filed to run for mayor: Stewart Dudley and Brenda Bell-Guercio. Both have served on the council for a number of years and are experienced in the town and its issues. Brenda Bell-Guercio submitted her paperwork according to the law and became qualified, as did all of the other candidates for municipal office in Indian Springs Village. Stewart Dudley did not submit his Statement of Economic Interests, as confirmed in writing by the Ethics Commission, and did not qualify. His name was removed from the ballot.

## Building Permits

*submitted by Frazier Christy, Town Engineer*

Applicant: Amanda Dixon  
Owner: Jeffery and Amanda Dixon  
Address: 35 Valley View Drive  
Proposed Use: Interior Remodel

Applicant: Valley Dist.  
Owner: Bruce Bodner  
Address: 143 Indian Gate Circle  
Proposed Use: Replace A/C

Applicant: Clearwater Pools  
Owner: Wade Faulkner  
Address: 111 Swan Drive  
Proposed Use: Pool

Applicant: Liberty Pools  
Owner: Fredrick Godbehre  
Address: 146 Fox Fire Circle  
Proposed Use: Pool and Fence

Applicant: Roy Electric  
Owner: Earl B. Harper  
Address: 89 Indian Forest Road  
Proposed Use: Upgrade Electrical Service

Applicant: Earl's Pools  
Owner: Richard Harley  
Address: 488 and 480 Bent Tree Acres  
Proposed Use: Pool

Applicant: Authentic Building  
Owner: Charlie and Amy Law  
Address: 1045 Stagg Run Trail  
Proposed Use: New Home

# Meet Logan Cook Place 2 Candidate Indian Springs Village, AL

Logan Cook  
527 Caldwell Mill Circle  
Indian Springs Village, AL 35242

Originally from Kansas City, Kansas, my family and I moved to Alabama in 1991 with a good job opportunity and a chance to raise our kids in a beautiful and safe neighborhood. I've been married to my wonderful wife, Karen, for 26 years, and together we have three beautiful children. In my free time, I enjoy trail running and barbecuing for friends and family.

I am running for town council to ensure that future generations will be able to benefit from Indian Springs Village in the same way that our family has. I believe in protecting the rights of our residents and limiting commercial expansion. I am committed to the preservation and protection of our quiet community.

I am a manufacturing manager at RayPress Corporation, a printing company located in Hoover, where I have worked for over twenty years. I've been through the tough economic ups and downs and I understand the needs of hard-working people such as myself who make up the backbone of this community.

Feel free to contact me at 991-8569 with any questions.

## An Open Letter From Kathryn Harrington - Candidate for Indian Springs City Council, Place 2

Dear Citizens of ISV,

I wish to announce my candidacy for Indian Springs City Council Place 2. My family and I have lived in Indian Springs Village for 26 years. I am proud to be able to list the Harrington name as one of the founding families of Indian Springs Village. My husband, Hub, and I were very involved in the incorporation and official activities of our town in its fledging years. Hub was the first mayor and I was the first town attorney and served in that capacity for almost 10 years. My legal services were always performed on a volunteer basis.

I am running for city council because I want to again have the privilege of working with our residents, mayor and council to continue to honor and further the goals and objectives upon which our town was founded. Although I have not served for several years in a public capacity, through frequent communication with our town officials, I have kept abreast of the issues facing the town and the good work being accomplished by our current leadership.

As a former member of the Shelby County Planning and Zoning Board, and as a practicing attorney versed in municipal law issues, I am familiar with the requirements the city must meet to comply with state, county, and municipal laws and codes; zoning and planning regulations; storm water and environmental issues; and the many other laws and regulations which our council must routinely address. In my current law practice and in my past capacity as ISV town attorney, especially at a time when we had to establish all of the town ordinances and regulations from scratch, I have worked closely with the League of Municipalities and other local municipalities regarding such matters.

Experience and qualifications are important for our council members but equally important is dedication to and love for this community. It was dedication and love that fueled the determination to prevent unchecked growth and commercialization of our Valley. That determination was the genesis of the town.

Our Village was incorporated on November 14, 1990. This was the culmination of countless meetings and hours of work by many many families living in this Valley. Starting our town was not an easy task. The challenges were many. Those who worked so hard to make Indian Springs Village become a reality were motivated by a unified purpose: to preserve and protect the integrity of the community; preserve, protect and enhance the quality of life that the citizens enjoy; enhance the peaceful and uncluttered atmosphere of our town, and to preserve, protect and enhance the beauty and serenity, and tranquility which is the very essence of Indian Springs Village, for now and for generations to come. It is a testament to our elected officials and citizens and neighbors that, since these goals and purpose were adopted in February, 1991 through a formal resolution, they have been upheld by all who have followed.

If selected as your council member, I pledge that I will continue to honor these goals. I further pledge to you that I will listen to your concerns and views with an open mind, dedicated to reaching decisions in a careful, patient and deliberative manner. I will work with energy and enthusiasm and use my experience along with my knowledge and understanding of our past, to preserve our future. Indian Springs Village is our unique, beautiful, and cherished home.

Sincerely,  
Kathryn Harrington

*Additional background:*

*Bachelor of Arts - University of South Alabama - 1972*

*Master of Science - Rollins University - 1980*

*Law degree - Cumberland School of Law 1983*

*Officer U.S. Navy active duty 1972-1980*

*U.S. Navy Reserve 1980-1985 attaining rank of Lieutenant Commander*

*Practicing attorney for 29 years.*

## Benefit Concert

by Lisa Rish, Villager

A concert, dinner and auction benefiting **Music4Romania** will be held at St. Francis Episcopal Church on September 19, 2012.

"From Transylvania to Appalachia" is the theme of the fundraiser event which will be held at St. Francis of Assisi Episcopal Church on September 19, at 7:00 PM. Violinist Daniel Szasz, Concertmaster of the Alabama Symphony Orchestra, and pianist Alina Voicu, Director of Instrumental Music at Indian Springs School and Director of Music at St. Francis Episcopal Church, will perform music by Romanian and American composers. The concert will be followed by a dinner featuring traditional Romanian and American dishes and a silent auction. Entrance is free, but donations to **Music4Romania** will be accepted and greatly appreciated.

**Music4Romania** is a charitable organization initiated and led by a group of students from Indian Springs School under the supervision of Dr. Alina Voicu. Using music as its main tool, **Music4Romania** aims to benefit schools and orphanages in Romania by improving the lives of Romanian children through charity and educational activities, with a special emphasis given to enhancing the children's music and English instruction. In June 2012, **Music4Romania** successfully initiated its first two collaboration projects with Slimnic School and Orlat Placement Center in Sibiu, Romania. To find out more about **Music4Romania's** mission and goals and how you can help, please visit [www.music4romania.org](http://www.music4romania.org). Photos from **Music4Romania's** 2012 summer projects can be seen at [www.facebook.com/music4romania](http://www.facebook.com/music4romania). If you have any questions, please contact Angela Szasz, President, at [info@music4romania.org](mailto:info@music4romania.org).

Due to limited seating, reservations are requested for the "From Transylvania to Appalachia" fundraiser event on September 19. Please call 205-807-5814 or email at [info@music4romania.org](mailto:info@music4romania.org) by September 15 and let us know the number of people attending. St. Francis Episcopal Church is located at 3545 Cahaba Valley Road, Indian Springs, AL 35124, and the church office number is 205-988-4371.

## TOPS Weight Loss Support Group Meetings

Take Off Pounds Sensibly (TOPS Chapter 0566) meets every Tuesday morning at St. Frances Episcopal Church, 3545 Cahaba Valley Rd, Indian Springs Village, 35242. Weigh in at 10:30 a.m. Meeting at 11:00 a.m. - 12:00 noon. Call 995-2166 for more information.

The Take Off Pounds Sensibly Weight Loss Support Group meets on Tuesday nights at 6:00 p.m. at Indian Springs First Baptist Church, 3375 Cahaba Valley Road, Indian Springs Village. Call 620-0602 with questions. Please join us! Lose weight with friends!

## Alabama Wildlife Center

### Upcoming Events

submitted by Janet Byars, Administrative Assistant,  
Alabama Wildlife Center

#### Upcoming Programs & Events

**COST:** Free admission after paid entrance to Oak Mountain State Park: \$1 per child 6-11 & Seniors 62+; \$3 Adults. 205-663-7930, Ext. 8; [www.awrc.org](http://www.awrc.org).

**Baby Season:** So far, it has been an extremely busy season at the AWC. This year, we have admitted 1,360 native bird patients, compared to 1,626 for the entire year of 2011. At the current rate of patient admissions, we will greatly surpass last year's total. We are in the midst of baby bird season and are currently caring for 160 baby songbirds. Baby birds need to be fed approximately every 30 minutes on diets that are specific to their species. Every day, 9:00 a.m.-5:00 p.m., visitors can observe the care of Alabama native wild bird patients in the nursery, solarium and raptor wing.

**Get Wild! Programs:** A free, monthly, family-oriented program promoting bird conservation and stewardship hosted by AWC Educators. Due to the demands of our very busy baby bird season, **Get Wild!** was canceled through August, but we hope to resume with a September program.

**Volunteer Orientation: 8/05/12 & 9/02/12, Sunday, 2:00-4:00 p.m.,** Volunteer Orientation; Introduction to AWC: Recommended if you're interested in volunteering or are simply curious about AWC. At this free session, you'll learn about our mission and history, volunteer opportunities and ways to support AWC's work. You'll meet some of the AWC staff and volunteers, have an opportunity to get answers to your questions and enjoy a brief tour of our facility. Register online at [www.awrc.org](http://www.awrc.org). If your schedule does not permit you to register in advance, you can simply arrive a few minutes early to complete your registration in person. Quiet children are invited to attend, but please note that the minimum age to volunteer is 18 (16 accompanied by a parent).

**8/25/12, Saturday, 7:00-10:00 p.m., Chirps and Chips:** a casino-themed night that includes games, a silent auction, complimentary hors d'oeuvres, wine and beer.

To be held at the historic Cahaba Pumping Station, 4012 Sicard Hollow Road, Birmingham AL, 35243, hosted by Raptor Force, the Junior Board of the AWC. Casual attire. Tickets \$75 per person.



# Indian Springs Annual Fourth of July BBQ

by Brenda Bell-Guercio, Council Member

Indian Springs Village celebrated another great Independence Day with good food, good friends and a lot of other “good” thrown in there—like our traditional parade, the moving flag-raising ceremony and reenactment of placing our flag at Iwo Jima during World War II, performed by a company of Marines. Jim Wyatt so graciously organizes this each year. Music was plentiful—both patriotic and pop, supplied by Randy McDonald of Mac’s Tracks. Jim ‘N Nicks again fed us finger-lickin’ good BBQ, and there were tables of delicious homemade desserts! You could not even try all of them if you wanted to!

Thanks to so many of you for giving your time and hard work to make this event a success. First and foremost on this list are Margie and Herb Robins, who do the lion’s share of the work. Thanks to the Garden Club for always making our tables look so pretty, and to Bob Konecny and his wife, Judith and daughter, Kate, for again manning the ticket table. Thanks to all who helped at the drinks and dessert table and taking tickets in the food line, including Rita Mendel and her granddaughter, Jesse, Alison Stigers, Jane Martin, Susan Price, LeighFran Jones, Lynn Hendricks, Marge Dunn, Eleanor Bennett, Jennifer Bondi, Lana Burwell and Kelly Rasco. Several of our volunteers stayed and helped with the clean-up after the BBQ including Wayne and Laura Jones and Allie, Sierra and Winn Jones, along with Winn’s friend, Jamara; as well as Amy Badham and Liz Alosi. That was a big help! Thanks are extended to Jake Guercio, Jack Mendel and David Price for parking, and to John Easton for set-up help, and his mother, Amy, and sister, Sarah, for putting the Town Hall itself in order. Thanks to our mayor, Steve Zerkis for registering everyone one in the parade.

We really appreciate Ron Luster , who led us in a moving prayer before our feast. Ashley Kitchens delighted children and grown-ups alike with her face-painting skills. Our Fire Department had a booth to give information and enroll citizens in the “Yellow Dot Program”, and we had another booth set up to give information on The American Cancer Society Cancer Prevention Study.

We appreciate the help given by our Shelby County Sheriff’s Department in directing traffic, and Chief Buddy Tyler and the North Shelby firemen for their help, including the tasting and ranking of our “Best Homemade Dessert Contest.” These Judges were Josh Martin, Jason Hughes, Steve Williams, and Justin Weber. The winners were – Jeannie Pittman in 3rd Place with a Coffee Almond Cake, Devere Bond in 2nd Place for a Peach Blueberry Cobbler and Karen Buckner won 1st Place with her “Dream Cake.” Ladies, please supply us with your recipes in the next *The Village Voice*!

All in all, I would say that Indian Springs Fourth of July BBQ really can’t be beat!



## North Shelby Library August Happenings

by Cecelia Dean, North Shelby Library Youth Services Department

You may have noticed there is not a lot going on at the library this month. That is because we are taking a much needed break after Summer Reading and preparing for the remainder of the year. Keep an eye out for more fun events coming up in September.

### Story-Time Programming

**Mr. Mac (Storyteller Extraordinaire!): Wednesdays, August 1st, 8th, 15th, 22nd and 29th at 10:45 a.m.**

All ages. No registration required.

### Teen Scene

**Gaming: Fridays, August 3, 10 & 17 – 2:00-5:45 pm  
Fridays, August 24 & 31 – 3:30-5:45 pm**

Come to the Teen Department each Friday afternoon for open gaming on the Wii and with board and card games. Call or email Kate or Daniel at 439-5512 or [nsyouth@shelbycounty-al.com](mailto:nsyouth@shelbycounty-al.com) for more information.

### 2012 Teens' Top Ten

Cast your vote for the 2012 Teens' Top Ten! Teens are encouraged to read the 25 nominated books to take part in voting for their ten favorite books of the year. The winning titles will be announced during Teen Read Week in October. This year's nominees include *Divergent* by Veronica Roth and *The Fault in Our Stars* by John Green. Stop by the library or visit the teen page at [www.northshelbylibrary.org](http://www.northshelbylibrary.org) to find the complete list of nominated books and how to cast your vote. Voting will take place Aug 13 to Sept 14.

## Cahaba Lily Needlepointers

### Meet

by BJ Scharath, Villager

Cahaba Lily Needlepointers, a Birmingham-based local chapter of The American Needlepoint Guild, held a Saturday "Stitching for the Holidays" at the Town Hall, on July 21st, spending the day stitching a canvas designed to celebrate the July 4th birthday of the United States. The very cheerful and colorful canvas was designed by local Vestavia Hills needlepoint artist Ellen Davis, whose designs can be found at Needleworks in Homewood, AL. Using red, white and blue threads in a variety of patchwork stitches, it was a fun day celebrating July 4th all over again. All the stitchers who attended had a great time in the wonderful Town Hall facilities of Indian Springs.



## Volunteer today for a cancer-free tomorrow CANCER PREVENTION STUDY-3

What if you could prevent even one family from hearing the words "You have cancer"?

What if you could help save lives from cancer and give people more of their most precious resource: time? More time with family and friends, to help create a world with more memories, more celebrations ... and more birthdays.

This year, you can join the movement to help create a world with less cancer and more birthdays by enrolling in the American Cancer Society's research study called Cancer Prevention Study-3 (CPS-3).

Join the movement for less cancer and more birthdays. Volunteer for CPS-3.

#### Who can join the study?

The study is open to anyone in the United States and Puerto Rico who is willing to commit to the study long term, is between the ages of 30 and 65, and has never been diagnosed with cancer (not including basal or squamous cell skin cancer).

#### How can you participate?

Enrollment will take place across the Birmingham metro area from August 22 - 29, 2012. The enrollment process involves two steps. One step takes place at a local enrollment event, where you will be asked to read and sign an informed consent form, complete a brief written survey, and give a small blood sample (similar to a doctor's visit - 7 teaspoons total). The blood sample will be drawn by a trained, certified phlebotomist.

The other step takes place at home, where you will complete a more detailed survey. This survey will ask for information on lifestyle, behavioral, and other factors related to your health. Periodically, you will receive a survey at home to update that information.

#### What else can you do?

If you are not eligible to enroll, be an advocate for Cancer Prevention Study-3. Encourage those close to you to take part in this potentially life-saving study in your honor. Spread the word to everyone you know.

To make an appointment or for more information, visit [cps3Birmingham.org](http://cps3Birmingham.org) or call 1-888-604-5888.



THE OFFICIAL SPONSOR OF BIRTHDAYS®  
cancer.org | 1.800.227.2345



#### August 22, 2012

Mountain Brook YMCA (7:30 a.m. - 11:30 a.m.)  
Greystone YMCA (4 p.m. - 7 p.m.)

#### August 23, 2012

Levite Jewish Community Center (7 a.m. - 11:30 a.m.)  
Vestavia YMCA (7:30 a.m. - 11:30 a.m.)  
Hoover YMCA (7:30 a.m. - 11:30 a.m. and 4 p.m. - 7 p.m.)  
Trussville YMCA (4 p.m. - 7 p.m.)

#### August 24, 2012

Downtown YMCA (10 a.m. - 2 a.m.)  
Greystone YMCA (7:30 a.m. - 11:30 a.m.)

#### August 25, 2012

Mountain Brook YMCA (8 a.m. - noon)

#### August 28, 2012

Trussville YMCA (7:30 a.m. - 11:30 a.m.)  
Pelham YMCA (7:30 a.m. - 11:30 a.m.)  
Levite Jewish Community Center (3 p.m. - 7:30 p.m.)

#### August 29, 2012

Northeast YMCA (2 p.m. - 6 p.m.)  
Birmingham Metro Crossplex (10 a.m. - 2 p.m.)

## Landfill "Free" Day

Saturday, October 6th

Shelby County Landfill

[www.shelbycountyalabama.com](http://www.shelbycountyalabama.com)

4154 Highway 70, Columbiana, AL 35051 205-669-1469

Hours: Mon-Fri 6:30 a.m.-4:30 p.m.

Sat 7:30 a.m.-3:30 p.m.

# Black Warrior Riverkeeper Speaks at Garden Club Meeting

*by Ruth Goodwyn, Publicity Chair, Indian Springs Garden Club*

Nelson Brooke, Black Warrior Riverkeeper's staff Riverkeeper since January 2004, explained the role of a riverkeeper with a slide show at the Garden Club meeting July 26, 6:30 p.m. at the Town Hall.

Brooke, a Birmingham native, graduated from the University of Colorado at Boulder with a degree in anthropology. He is an Eagle Scout and outdoor enthusiast who has enjoyed hunting and fishing along the banks of the Black Warrior River since he was nine years old. Nelson was named "2010 Alabama River Hero" by the Alabama Rivers Alliance, of which Black Warrior Riverkeeper, Inc. is a member.

Black Warrior Riverkeeper, founded in 2001, is a citizen-based organization headquartered in Birmingham, whose mission is to restore and protect the Black Warrior River watershed, dedicated to improving water quality, habitat, recreation and public health throughout its patrolled area—done by boat, air and land. The watershed covers and drains portions of 17 counties in Alabama and is home to over one million residents. The headwaters consist of the beautiful Sipsey, Mulberry and Locust Forks. At Demopolis, the Black Warrior flows into the Tombigbee River towards Mobile Bay. The river is named after Chief Tashkalusa, the namesake of Tuscaloosa, AL. In Choctaw, "tashka" means "warrior" and "lusa" means "black." This watershed is home to freshwater fish, species of mussels, turtles and snails, some of which are on the federal list of endangered species, and numerous other aquatic animals—Alabama is the leading state for biodiversity.

The Black Warrior attracts people from all over to swim, paddle and recreate. Birmingham and Tuscaloosa, Jasper, Cullman and many other cities obtain their water supply, or part of it, from the Black Warrior basin. It is heavily relied upon for commercial navigation and industrial process water, making it a giant in Alabama's economy. However, the river is on the annual list of America's Most Endangered Rivers, a report issued by American Rivers, a conservation group, mostly because of pollution caused by coal mining. Other factors are due to the tendency of Alabama's government agencies to neglect environmental protection.

The Riverkeeper Patrol Program and Legal Program, both run by Brooke, have been effective in addressing problems and creating public awareness of them. To report pollution, ask about volunteer projects or educational presentations, contact Nelson Brooke at 205/458-0095 or use their website, <http://www.blackwarriorriver.org>.

Also of interest to the members was Brooke's discussion about cypress mulch. He discouraged the use of this mulch because bald cypress trees, which grow in wetlands, provide flood and hurricane protection, water pollution filtration, and wildlife habitat, and are being logged at an alarming rate and ground into mulch. Cypress mulch is touted as being superior, but pine bark, pine needles and leaf litter work just as well, he said.

An extended question and answer period followed the showing of slides, taken by Mr. Brooke, during his presentation.

Refreshments, provided by one of our guests, Brenda Bell-Guercio, members Nancy Nelson and Pat Zerkis, were enjoyed. Prior to the meeting, some of those running for office in our August 28 election were introduced: Brenda Bell-Guercio for mayor (Steve Zerkis, our mayor for the past eight years, is not running); Kathryn Harrington, wife of our first mayor, Hub Harrington, running for Place 2 on the Council; and Herb Robins, running unopposed for his present seat. The election will be held at the Town Hall. This is a reminder that our Mayor and Town Council members receive no salary or compensation and our town levies no property or sales taxes.

A short business meeting was opened by Kelly Rasco, substituting for Eleanor Bennett, who gave a devotional from the Book of Psalms. President Liz Alosi agreed to request from our Town Council media equipment so that future speakers will not have to bring and set up their own.

## Door-to-Door Scam

*by Steve Zerkis, Mayor*

I've had reports of individuals going door-to-door in our neighborhoods trying to sell magazine subscriptions. A resident said that a check of the company on-line showed it to be a scam. They are apparently trying to check your house and may rob it at a later date. My suggestion is to say no, give them no information, lock your door and call the Shelby County Sheriff's office at 669-4181. Use the emergency number of 911 if you feel unsafe. Give the sheriff a description of the individual and any vehicle you may see. I understand they may be using a dark blue full-sized van.



# Municipal Poll Workers Needed

Poll workers are needed for the upcoming municipal election on August 28. The requirements are as follows:

- 18 years of age or older.
- Resident of Indian Springs Village.
- Registered voter.
- Per the Code of Alabama, Section 11-46-27, you cannot be related to an Indian Springs Village municipal candidate to the second degree.
- Be able to work at the polls from 7:00 a.m. to 7:00 p.m. on Tuesday, August 28 and allow one hour before and two hours after for the opening and closing of the polls.

A poll worker training class will be held at the Pelham City Hall for approximately two hours. The class is tentatively scheduled for August 22 at 6:30.

For consideration, interested individuals should submit their name and contact information to Kelly Rasco, City Clerk, via email [Kelly@indianspringsvillage.org](mailto:Kelly@indianspringsvillage.org).

**AUGUST 2012**  
**Heardmont Park Senior Center**  
**5452 Cahaba Valley Road Birmingham, AL 35242**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p><i>Center hours are Monday-Friday 9-3 pm</i></p> <p><i>Phone : 991-5742 Fax: 991-0622 Email: heardmontparksc@gmail.com</i></p>	<p>1 9-12 Bridge 11:30- 3 Rummikub 12 LUNCH</p>	<p>2 10-11 Aerobics 10-2 Bingo &amp; Board Games 11:15 <i>New Beacon Blood Pressure and Sugar Testing</i> 12- LUNCH</p>	<p>3 9-10 Zumba Gold 10-11 Intermediate Line Dancing 11-12 Beginning Line Dancing</p>
<p>6 9:30 – 10:30 Tai Chi 10:30-3 - Canasta</p>	<p>7 10-11 Aerobics 11 Bible Study 10-2 Bingo &amp; Board Games 12 LUNCH</p>	<p>8 9-12 Bridge 11:30- 3 Rummikub 12 LUNCH</p>	<p>9 10-11 Aerobics 10-2 Bingo &amp; Board Games 12- LUNCH</p>	<p>10 9-10 Zumba Gold 10-11 Intermediate Line Dancing 11-12 Beginning Line Dancing <b>7 pm HEARDMONT DANCE</b></p>
<p>13 9:30 – 10:30 Tai Chi 9:30- 12 Mah Jongg 10:30-3 - Canasta</p>	<p>14 10-11 Aerobics 11 Bible Study 10-2 Bingo &amp; Board Games 12 LUNCH</p>	<p>15 9-12 Bridge 11:30- 3 Rummikub 12 LUNCH</p>	<p>16 10-11 Aerobics 10-2 Bingo &amp; Board Games <i>11 Harrison Regional Library</i> 12- LUNCH  <i>National Weather Service And lunch out</i></p>	<p>17 9-10 Zumba Gold 10-11 Intermediate Line Dancing 11-12 Beginning Line Dancing</p>
<p>20 9:30-10:30 Tai Chi 9:30- 12 Mah Jongg 10:30-3 – Canasta</p>	<p>21 10-11 Aerobics 11 Bible Study 10-2 Bingo &amp; Board Games 12 LUNCH</p>	<p>22 9-12 Bridge 11:30- 3 Rummikub 12 LUNCH</p>	<p>23 10-11 Aerobics 10-2 Bingo &amp; Board Games 12- LUNCH <i>“Jammin with Biscuits”</i> Bring your favorite jam or Jelly to go with our biscuits</p>	<p>24 9-10 Zumba Gold 10-11 Intermediate Line Dancing 11-12 Beginning Line Dancing</p>
<p>27 9:30-10:30 Tai Chi 9:30- 12 Mah Jongg 10:30-3 - Canasta</p>	<p>28 10-11 Aerobics 11 Bible Study 10-2 Bingo &amp; Board Games 12 LUNCH</p>	<p>29 9-12 Bridge 11:30- 3 Rummikub 12 LUNCH</p>	<p>30 10-11 Aerobics 10-2 Bingo &amp; Board Games 12- LUNCH</p>	<p>31 9-10 Zumba Gold 10-11 Intermediate Line Dancing 11-12 Beginning Line Dancing</p>