

The Village Voice



Volume 20, Number 1

Indian Springs Village, Alabama

April 2, 2010

INDIAN SPRINGS VILLAGE TOWN COUNCIL MEETINGS

Tuesday, April 20, 2010 7:00 p.m.

Tuesday, May 4, 2010 7:00 p.m.

Agenda

- I. Mayor/Council/Committee Reports
- II. Ordinances and Resolutions
- III. Citizen's Forum

Indian Springs Village Telephone Directory
Number is 982-1755

For Town Hall Reservations please call Patricia
Crapet Voice Mail **327-8791**

or E-Mail: ISVillage@aol.com

Website: www.indianspringsvillage.org

Editor's Notes

The Village Voice is the official organ of Indian Springs Village, AL, established October 16, 1990. The mission of this newsletter is to foster a spirit of community and co-operation. It is the vehicle for reporting the monthly deliberations of the mayor and council in town council meetings; additionally it provides these officials and other Villagers a means of communicating – it is a “voice.” Expenses are covered by the efforts and donations of ISV volunteers. Deliveries are made at no charge by volunteer couriers.

Address letters to the editor and news items to: Alison Stigers, Editor, 5110 Split Rail Trail, Birmingham, Alabama, 35244; Tel: 253-1605, Fax: 949-6279, or e-mail: alison@indianspringsvillage.org.

The Village Voice is published the first week of each month. Articles for the May edition should be submitted by Friday, April 23, 2010. All materials submitted for publication may be edited, including **letters to the editor, which must be signed and give writer's address and phone number.** All opinions expressed in this newsletter are those of the authors of articles; any opinions expressed should not be attributed to the mayor or the council.

Editor's Appreciation to

Indian Springs Village couriers for hand delivery

Mildred Wyatt for the masthead drawing

Herb Robins for proofing

Message from the Mayor *by Steve Zerkis*

As many residents have pointed out, there are several intersections that are very difficult to see at night, especially those along Highway 119. If you've tried to turn onto Arrowhead Lane or Valley View Road, you know what I am talking about. There are no lighting or visible markers that clearly define those and other streets. So the Council is considering installing some form of lighting at these and possibly other intersections and we would appreciate your thoughts and input. As you know, Indian Springs Village does not have many street lights and bright lights are not encouraged. Our skies are not flooded with light at night as are other cities and I hope we can keep it that way. But we do have a safety issue at some intersections and are looking for lighting solutions that will work and fit into the character of the town.

Your Town Council and I encourage you to attend a Town Hall meeting on Tuesday, April 20, 2010 to discuss the subject of intersection and street lighting in ISV. We would appreciate your input and ideas of what would be appropriate for ISV.

The newly installed drainage system along Highway 119 had a strong test a few weeks ago during two days of heavy storms. If I had to assign a grade to its performance, I would make it a “C-”. The first heavy storm washed a lot of brush clippings and branches, along with a lot of highway construction debris, into the drainage ditches and culverts blocking the flow of water. Highway 119 and a number of front and back yards were flooded. To their credit, state crews were out there quickly before 8:00 a.m. with heavy equipment to clear the culverts, and the flood waters went down. The second storm hit a few hours later and now the water flowed as it should but the lake was already full and overflowed its banks. There was a good six inches of water flowing over Highway 119 and several houses were islands in their own lakes. We had over eight inches of rain in a few hours and it overwhelmed the system. What can we do for the future? First, please keep your local drainage ditches free of debris, and second, nature will do what nature does and we can't always control it. The new drainage system is a major improvement, but we all need to do our part to keep it flowing.

Spring is finally here and it's time to enjoy the outdoors.

Landfill “Free” Day - Saturday, April 17

Shelby County Landfill www.shelbycountyalabama.com

4154 Highway 70, Columbiana, AL 35051 205-669-3871

Hours: Mon-Fri 6:30 a.m.-4:30 p.m.

Sat 7:30 a.m.-3:30 p.m.

Town Council Meeting

February 16, 2010

The Indian Springs Village Town Council met at 7:00 p.m. at the Town Hall. The Mayor called the meeting to order and the City Clerk called the roll. All Council members were present except Brian Stauss. Wayne Jones, PAZ Chair, was also present.

The Council reviewed the February 2, 2010 meeting minutes. Robins made a motion to accept the minutes as amended, seconded by Mendel. The motion was accepted unanimously.

Jones reported for the PAZ. They discussed possible new fire hydrants at their last meeting. David Hunkey, Planning Services Supervisor for Shelby County Development Services, has contacted Jones about providing services to the City. Jones described the services offered which included inspection services, permits, business license enforcement and related. These services would be offered at no cost to the City. Hunkey would like to present a proposal to the Council.

Mendel presented the January financials. Alabama Power's franchise fee was \$3,000 over budget and \$11,000 in business license fees were received. The dumpster expense seems elevated. There was a discussion about changing providers. The City Clerk will contact Waste Management to get pricing on reduced pick up. Mendel made a motion to endorse the January financial report, seconded by Robins. The motion was accepted unanimously.

Robins received a letter from Outdoor Lighting Perspectives to renew the City's contract. The annual fee has increased slightly, up to \$19 per fixture. Robins made a motion to accept the new contract, seconded by Mendel. The motion was accepted unanimously.

Robins will conduct a road survey in the next few weeks to determine which roads need to be worked on or repaved and submit a list to Scott Holladay, County Engineer, for consideration.

The City Clerk gave an update on the power line repair issue. Alabama Power has ordered a guard to go over the wire and when it is received in two weeks, they will replace the damaged line and install the guard. If this solution is not effective, the City will consider having the line rerouted underground. Alabama Power's cost will be \$1,100. Delta Electric will email Mayor Zerkis a proposal for their portion of the work.

There was a discussion about installing street lights at the intersections of Arrowhead and Highway 119 and Valley View and Highway 119.

There was a brief update on the previously discussed biting dog. Both Mendel and Jones have discussed with the owner. Zerkis has discussed with Deputy Sheriff Stockman who will contact the owner.

Chief Mike O'Connor of the North Shelby Fire Department noted that they have started an Explorer Post. It is for Boy Scouts ages 14 through 21. They come to the station once a week to learn different aspects of the firefighter's job.

O'Connor stated that the fire department will soon undergo an insurance services survey. This is the first since 1986 and will affect residents' insurance rates. The fire department's current rating is 4/9 due to the distance to fire hydrants in some areas. The Chief requested that the Council consider installation of 6 to 8 fire hydrants in locations throughout the City. The approximate cost for the hydrant and install is \$4,000 each. At the next meeting, Chief O'Connor will provide a list of specific locations and cost. O'Connor also gave an update on legislative activities.

Mayor Zerkis adjourned the meeting at 8:25 p.m.

Respectfully submitted,
Kelly Rasco, City Clerk

Business License Update

submitted by Kelly Rasco, City Clerk

New 2010 licenses have been issued to C&C Construction, Continental Roofing Company and R&B Electric. As of March 26, the following businesses have renewed their license for 2010: Haute Kitsch and Selco Cleaners. G&L Underground has notified us they are no longer in business and will not be renewing their license. Airwave Recording Studio, James E. Roberts and Movie Gallery remain delinquent.

Building Permits

submitted by Frazier Christy, Town Engineer

Applicant: St. Francis Episcopal Church
Owner: Same
Address: 3545 Cahaba Valley Road
Proposed Use: New Accessory Building

Wishes for a Speedy Recovery

Villager Bart Trammell was injured Saturday while chopping down a tree on his property and is being treated at UAB. Please keep Bart and his family in your thoughts, and we send our wishes for a speedy and complete recovery.

North Shelby Library

Adult Programming

by Lori Skinner, Adult Services

Coordinator

Monday, April 12 – 6:30 p.m. Home Buying Seminar

Time is running out! Answer all your questions regarding the \$8,000 First-Time Homebuyer and \$6,500 Current Homeowner Tax Credits on Monday, April 12, 2010 from 6:30 to 8:00 p.m. at the North Shelby Library, 5521 Cahaba Valley Rd. This program is presented by Christina Rickey, Associate Broker, and Beau Bevis, Broker of RealtySouth – Inverness Office, in conjunction with Mark Achuff, Home Mortgage Consultant, Home Services Lending. To reserve your place, or if you have questions, please contact Lori Skinner, North Shelby Library at (205) 439-5511 or skinner.lori@yahoo.com. This program is free to the public.

Happenings Around ISV

by Steve Zerkis, Mayor

The Pepper Place Market at 2nd Avenue South and 28th Street is going to have a “Spring Market” on Saturday, April 17, featuring seedlings and plants for gardeners. Some early crops, such as strawberries, will be offered.

Barking dogs: Of course all dogs bark – it is their nature. But if they bark all day long it can be very annoying to neighbors. If your dog is a constant barker, please do what you can to keep it in a place where they will not annoy others.

Litter on our streets: With spring comes yard cleanup and landscaping and hopefully much of the litter along the sides of our streets will be picked up. It’s unsightly and I hope you will take a few minutes to keep your yards and your neighborhood neat and presentable. Most of the debris is being carelessly thrown out of vehicles but please do what you can to keep ISV clean.

Last month I reported that Chief O’Connor was working on recommendations for additional fire hydrants. He has made his recommendations and your Town Council has agreed that he should move ahead in obtaining pricing for the installation of eight new hydrants on public roads in areas not meeting minimum standards for fire hydrant availability.

A reminder that the burning ban will go into effect on May 1, 2010. That burning ban applies to everyone, including contractors.

Community of Hope Health Clinic is a 501c3 non-profit, free health clinic whose mission is to serve, with compassion, the uninsured residents of Shelby County. It is staffed completely by volunteer personnel.

CHHC is in need of medical and non-medical volunteers (doctors/nurses/nurse practitioners/residents/social workers/chaplains/interpreters/data entry/marketing/fundraising) who want to volunteer, any amount of their time, on a rotating schedule. The clinic is open one night per week on Thursdays from 5:30 - 8:30 p.m.

New Volunteer Orientation

**Community of Hope Health Clinic
April 15, 2010 at 6:00 pm
Inside the Public Health Department
1000 County Services Drive
Pelham, AL**

Refreshments served

Please contact Chris Monceret, Assistant Director for more information and to rsvp for the Volunteer Orientation. Chris.Monceret@adph.state.al.us or (205) 685-4154

COMMUNITY OF HOPE HEALTH CLINIC



Displaying the US Flag

by Steve Zerkis, Mayor

The US Flag should always be treated with respect. There are just a few guidelines to share with you for its display.

- Ordinarily the flag should be displayed outdoors between sunrise and sunset. It should be illuminated if displayed at night.
- If hung on a wall, the flag’s union (stars) should be located at the top and to the observer’s right.
- The flag should never be dipped to any person or thing.
- The flag should never be draped over the hood, top, sides or back of any vehicle.
- The flag should never be used as clothing or bedding, or draped over a speaker’s podium, or used as any form of decoration (exception for coffins).
- When a flag is lowered, no part of it should touch the ground. It should be received in waiting hands and folded neatly.
- It should never be used for any advertising purpose.
- When a flag is so tattered it cannot serve as a symbol of the United States it should be destroyed in a dignified manner, preferably by burning.

Audubon Teaches Nature at the Alabama Wildlife Center

by Janet Byars, Development Assistant

Audubon Teaches Nature at the Alabama Wildlife Center The Confederate Daisy in Alabama Sunday, April 11, 2010, 1:30 p.m.

At 1:30 p.m., guests will gather in the Alabama Wildlife Center's front observation room for refreshments; the program begins at 2:00 p.m. at the Oak Mountain Interpretive Center next door to the Alabama Wildlife Center. David Frings, Director of the Oak Mountain Interpretive Center, is the guest speaker.

Granite outcrops may not offer much to the eye of the beholder, but their unique environments have been exploited by several hardy species. The Confederate daisy is one such plant that has learned to adapt to the harsh conditions. This plant grows in a few select places in Alabama, including Oak Mountain State Park.

The program ends with a nature walk within Oak Mountain State Park, so be sure to bring binoculars and field guides!

Free after Oak Mountain State Park admission: \$3 for adults; \$1 for children 6 to 12 and for senior citizens 62 or older.

Alabama's wildlife needs your help! Volunteers are urgently needed at the Alabama Wildlife Center to provide care for this year's orphaned and injured wildlife. Call 663-7930 or log on to www.awrc.org for more information about the next training sessions on the 1st Sunday of each month, from 1:00-4:00 p.m., at the Alabama Wildlife Center located in Oak Mountain State Park.



One of AWC's 1st baby raptors for 2010: A baby great horned owl who fell from the nest was reunited with its family.

Pruning, Planting and Propagation Is Topic for Garden Club Speaker

by Ruth Goodwyn, Publicity Chair, Indian Springs Garden Club



Becoming a horticulturist was the fulfillment of an early yearning by Carolyn Snow, head horticulturist for Aldridge Botanical Gardens, Hoover, who said that as a pre-teen, she had the propensity

to get outside and dig in the dirt. She gave this background information to members of the Indian Springs Garden Club at their meeting Thursday evening, March 25, as the weather-alert siren was on. Tornadoes and all kinds of wicked weather had been forecast that afternoon for the evening.

After the siren silenced, she got down to the business of her topic by passing out hand-outs and first discussing the difference in heading and thinning cuts in pruning and the effects on subsequent growth. Heading cuts result in thicker foliage, but thinning cuts are needed to remove deadwood and limbs rubbing together so as to let air and sun into the plant. Limbs rubbing together cause bark damage and invite invasions of the plant by insects, etc. Deadwood can be cut at any time.

She surprised most by saying that you can dig a square hole, instead of a round one, to plant a tree. But first you should have determined the purpose of the planting to decide the kind of tree or shrub. Is privacy the desired result? Is the planting to edge a walking path? Are the flowers for cutting purposes to bring into the house?

She talked about the importance of soil testing, the way it is done and the correct nutrient(s) to be added after test results are known. Along with that topic, she covered composting and emphasized that meat or meat products should never be added to the compost. Another useful handout was a chart showing the soil pH preference ranges for flowers, ornamental trees and shrubs. Lastly, she took questions from members about problems peculiar to their yards or gardens.

Preceding the speaker's talk, members enjoyed a light supper prepared by those on the hospitality committee: Jennie Pittman, Mary S. Bowman, Jean Jenkins, Lynn Hendricks, Liz Eich and Ginny Lusk. After the devotional by Mary H. Bowman, a short business meeting followed, which was presided over by President Patsy Strozier. Patsy had brought from their yard a beautiful arrangement of red, pink and white camellias.

The April 22nd meeting at the Town Hall, 6:30 p.m., will be a plant exchange. Members are to bring at least two plants.

Volunteers Needed

by Shelli Thomason, Shelby County Community Services Coordinator

Thomas the Tank Engine Events at Day Out with Thomas at Heart of Dixie Railroad Museum in Calera, Alabama. The dates of this event are April 9, 10, 11, 17 & 18th from 8:30 a.m. to 5:00 p.m.; shifts are available.

Volunteer needs are:

- Information Tent: Need 2 volunteers on 11th & 18th – shifts are either all day or 8:30 a.m. – Noon, or Noon – 5:00 p.m.
- Photo with Thomas Tent: Each day – need 2 volunteers: 8:30 a.m. – Noon & Noon – 5:00 p.m.
- Tattoo Tent: Need 1 volunteer on 10,11,17 & 18 – shifts are either all day or 8:30 a.m. – Noon, or Noon – 5:00 p.m.

Need 2 volunteers on 9th – same shifts

- Bouncy Bubble Inflatable: Need 2 volunteers each day, each shift
- Thomas Train Table: Need 4 volunteers each day; each shift

Contact information: Shirley Thames at 871-2007 or 919-3519; or by email – alaegis@bellsouth.net

<http://thomas.hodrrm.org/>.



Up, Up and Away— 2010 Shelby County Senior Picnic



Thursday—May 20th

**Your Non-Stop Flight for Fun
is from 9:00 am—1:00 pm**

**May is Older Americans
Month! Take off on a journey
into the Wild Blue Yonder to
honor the seniors of Shelby
County!**

**Shelby County Airport is
the final destination for
an enjoyable day created
for the Senior Adults 55+
of Shelby County!
No children please!**

- Complimentary Food
- Entertainment
- Vendors
- Exhibits
- Door Prizes

Call (205) 670-5770 by May 6 to make your reservation.
Please indicate total number in your party. It is important to have an accurate count for ordering purposes. Thank you.

Take I-65 South to Exit 234— Keep Right at fork. Turn right at Co. Rd. 87. Continue onto Weathervane Rd. Turn left to stay on Weathervane Road. Look for Signs. 256 Weathervane Rd. Calera, AL 35007



Celebrating its 20th Year!

The Village Voice

A true volunteer effort, *The Village Voice* depends on many people for its success. Our thanks to past editors, past and present proofers, those who have submitted articles, photos and information and the people who have distributed *The Village Voice* to the residents of Indian Springs Village for 20 years!

April Happenings by Cecelia Dean, North Shelby Library Youth Services Department

Special Programming

Mondays, April 5th, 12th, 19th and 26th – 3:15-4:15 p.m.: “Sit, Stay, Read!” A non-profit organization through Hand-in-Paw dedicated to providing volunteer services to children. “Sit, Stay, Read!” brings children together with specially trained dogs to help them gain more confidence in their reading abilities in an individual setting at the North Shelby Library that is supportive, relaxed and furry! All ages. Registration required. Call or email the Children’s Department at 439-5504 or NorthShelbyYouth@gmail.com for more information.

Saturday, April 3rd – Easter Egg Hunt. 10:30-11:00 a.m.: ages 4 and up will hunt eggs in the Children’s Department. 11:00-11:30 a.m.: ages birth to 3 years will hunt eggs in the Meeting Room. Bring your Easter basket and hop on over to the library to join us for our annual Easter Egg Hunt! We will have refreshments, special prizes and a visit from a very furry guest! No registration required. Call or email the Children’s Department at 439-5504 or NorthShelbyYouth@gmail.com for more information.

Thursday, April 8th – 4:00 p.m.: Intermediate Book Club. Join us for our very first Intermediate book club meeting. Pick up a copy of “Tom Sawyer” at the Children’s desk, read it, and join us. We will eat the same foods that Tom would have eaten, play games and try some reader's theater! Open to ages 9-12. Registration required. Call or email the Children’s Department at 439-5504 or NorthShelbyYouth@gmail.com for more information.

Tuesday, April 20th – 4 p.m.: Craft – Butterfly Memo Clip. Need help keeping up with all those “to do” lists? Here is the perfect solution. Come to the library and make this super cute craft. Registration begins April 1st. All ages. Registration required. Call or email the Children’s Department at 439-5504 or NorthShelbyYouth@gmail.com for more information.

Saturday, April 24th – 11:30 a.m. – 3:00 p.m.: Family Movie Day. Double Feature from Walt Disney: “Huck Finn” and “Tom and Huck”. Come spend a day at the movies with us as we go back in time and visit with two of the most famous kids of all time, Tom Sawyer and Huck Finn. All ages. Snacks served. No registration required.

Wednesday, April 28th at 1:00 p.m – Homeschool Hangout: Raptor Trek. Join us as the Alabama 4H Youth Development Center presents an exciting program that will include actual live birds of prey. This will be entertaining, educational and correlate to the ALCOS. Ages 8-12. Registration required. Call or email the Children’s Department at 439-5504 or NorthShelbyYouth@gmail.com for more information.

Story-Time Programming

Toddler Tales

Mondays, April 5th, 12th and 19th – 10:30 & 11:30 a.m.:

Stories, songs, fingerplays and crafts make up a lively 30 minute program designed especially for short attention spans. Registration will begin one week prior to each storytime. Ages 19-36 months. Registration required. Call the Children’s Department at 439-5504 to sign up.

Baby Tales Story Time

Tuesdays, April 13th and 27th – 10:30-11:00 a.m.

A story time designed especially for babies and their caregivers. Stories and music provide interaction for the babies and time for caregivers to talk and share with each other. No siblings please. Ages: Birth to 18 months. Registration required. Registration begins two weeks prior to program date. Call the Children’s Department at 439-5504 to sign up.

Mr. Mac (Storyteller Extraordinaire!)

Wednesdays, April 7th, 14th, 21st and 28th at 10:45 a.m.

Stories, puppets and lots of music for every member of the family. All ages. No registration required.

P. J. Story Time

Thursdays, April 1st, 8th, 15th, 22nd and 29th at 7:00 p.m.

Come in your PJs, have milk and cookies and hear some wonderful bedtime tales. All ages. No registration required.

Teen Scene @ NSL

Teen Book Club

The Teen Book Club will meet at Books-a-Million to suggest new books for the collection. Call Lori or Katie at 439-5512 or email nsyouth@shelbycounty-al.org for the date and time of the meeting.

Teen Writer's Club/Teen Advisory Group

It's time for our annual trip to Books-a-Million! We want you to suggest new books for the collection. Call or email Katie or Lori at 439-5512 or nsyouth@shelbycounty-al.org for the date and time of the meeting.

Teen Book Pick of the Month – “Before I Fall” by Lauren Oliver. What if you had only one day to live? What would you do? Who would you kiss? And how far would you go to save your own life?

Samantha Kingston has it all: the world's most crush-worthy boyfriend, three amazing best friends and first pick of everything at Thomas Jefferson High – from the best table in the cafeteria to the choicest parking spot. Friday, February 12, should be just another day in her charmed life. Instead, it turns out to be her last.

Then she gets a second chance – seven chances in fact. Reliving her last day during one miraculous week, she will untangle the mystery surrounding her death and discover the true value of everything she is in danger of losing. (From Product Description)

The Month of April – Online Book Club. Want to find another teen book to read? Join our Online Book Club and receive portions of a teen book each week through your email! Sign up at www.northshelbylibrary.org to get started!

Why I Recycle Books

by Timothy Shaffer

If you've ever met my friend Will, chances are you know exactly how much he paid for something...the shirt he's wearing, the putter he got last week or the cassette tape of the Strawberry Alarm Clock playing on his truck stereo. Will is an unabashed bargain shopper and considers scoring the near-free item as close to nirvana as we humans can come.

You have to understand...for the early part of his adult life, Will lived pretty close to the edge as he sorted out what he believed in and gained the confidence to follow his convictions. I had always assumed that his continued pursuit of the "deal" was either a sign that things were still tough or some Depression-type fear, much as his and my parents still pinched pennies long after financial concerns were a daily matter. I forewarned my wife of his obsession, but she was still astonished when we went to their house for the first time and he walked her through each room showing her this and that and punctuating each item with a broad smile and the endorsement, "two bucks!!"

Will and his wife live in Phoenix and, whenever I visit, a regular part of our daily regimen is Goodwill stores, thrift shops and used book stores (my personal favorite). I once visited Will and Nancy and brought a 14 pound frozen turkey in my suitcase (it's a long story). I was ecstatic because I knew I had 14 pounds worth of books I could bring back. Unfortunately, my eyes were bigger than my suitcase and I ended up filling the suitcase with purchases and still shipping a box of books home.

What does all this have to do with recycling? Here's the rub. For most of my adult life, I bought into the marketing campaigns that said I was a more successful and happy person if I bought only new items. I had this arrogance about buying something used. It seemed a sign of my own failure. At the same time, however, I felt a strong kinship with the planet and the natural world, considering myself an environmentalist and trying, meekly at times, to take personal actions that were in the best interests of the earth and future generations. I recycled my trash, but I never viewed the purchase of used clothes, furniture, kitchen appliances or books as recycling.

I was visiting Will a few years ago and we were on our way from one thrift store to another. I could see the joy that he and his wife got from bargain shopping, and I could also see that they were living pretty comfortably. I saw the items in their home that they treasured, not because they cost more than what someone else had paid, but because they were exactly what they wanted. The bargain was just a bonus.

When I commented about one of the items, Will's wife Nancy said something like "we are completely committed to recycling wherever possible." I was startled by the

statement. Buying used clothing as recycling? I had never looked at it that way before, but suddenly saw the logic in it. If enough of us are willing to buy someone else's gently used items, perhaps there will be less of a demand for the manufacture of new goods and, consequently, less of a demand on the environment.

A short time later, I read a statistic that convinced me irrevocably of the benefit of buying and selling used items, particularly books (of which I had literally thousands). I learned that the printing of one book uses, on average, 28 liters of water. I also learned that for every dollar spent on a new book, 720 grams of greenhouse gases are released into the atmosphere. I saw that I could personally make a difference, regardless how small, by being willing to not only purchase most of my books used, but by being willing to let go of all those books I'd already read and would probably never read again. An additional bonus was that I got to share with others the books that had brought joy to me.

Let me be clear...I don't begrudge anyone who has an extensive library. I still do. But the books that I have now are either collectibles (mostly signed first editions), books I haven't read or books I intend to read again. And I don't anticipate that I will ever replace the feel, the visual aesthetics and the smell of a bound book for an electronic reader. But I feel better knowing that the books I donate to the church, the local thrift store or the library will help reduce the use of the earth's resources. And I also get to share something that brought joy to me with another human being.

We are having a used book sale at St. Francis Episcopal Church on Highway 119 on April 23 and April 24. On Friday night, from 5:00 p.m. to 8:00 p.m., we'll have a preview and purchase, with wine and cheese being provided. The cost for the early look and opportunity to add to your library is \$5. On Saturday, the sale will start at 9:00 a.m. and end at 4:00 p.m. For the final two hours, we will let you stuff a sack full of books for a fixed price – \$5 for half a sack and \$8 for a full sack. We will have paperbacks, hardcovers, CDs, DVDs, specialty magazines and some VHS tapes.

We are still taking donations and need as many of the paper grocery sacks as we can get. If you have any questions, call me at 317-5005 or send me an e-mail at timothy.h.shaffer@gmail.com.

I hope to see you there.

TOPS Weight Loss Support Group Meetings

"Take Off Pounds Sensibly". Meeting each Tuesday, two groups offer morning (10:30 a.m.-12:00 noon) or evening (5:30-7:00 p.m.) times at St. Francis of Assisi Episcopal Church on Highway 119 in Indian Springs Village. For the morning group, call 995-2166 or 408-9340; for the evening group, call 563-9840 or 408-1517.

APRIL 2010

Heardmont Park Senior Center

5452 Cahaba Valley Road, Birmingham, Alabama 35242

Phone: 991-5742 Fax: 991-5657 Email: heardmontpark@hotmail.com

Hours: Monday-Friday 9a.m.-3p.m.

Mon	Tue	Wed	Thu	Fri
<p>Join us for our newest class— Zumba Gold on Friday mornings—only \$5 per class with no sign ups or long term contracts!</p>	<p>Don't forget the spring dance on the 9th from 7-9p.m. with music provided by Wolfgang.</p>	<p>*nominal fee \$2 suggested lunch donation— please reserve your meals one week ahead</p>	<p>10-11 Workout w/Donna 12 Lunch 12:15 Easter Baskets & Trivia *1-3 Acrylic Art Class</p>	<p>*9-10 ZUMBA Gold 10-11 Intermediate Line Dancing 11-12 Beginning Line Dancing</p>
<p>9:30-10:30 Tai Chi 5 10:30-12 Dominoes 11:30-3 Canasta</p>	<p>10-11 Workout w/Donna 6 11-12 Bible Study' 11:15 Soup Can Performers 12 Lunch w/Tom Sawyer Reading 1-3 Let's Wit</p>	<p>9-12 Bridge 7 11-11:45 Pilates with Ellen 11:30-3 Rummikub 12 Lunch *1-2 Ballroom Dancing—Waltz</p>	<p>10-11 Workout w/Donna 8 12 Lunch 12:30 Walking Heardmont Park</p>	<p>*9-10 ZUMBA Gold 10-11 Intermediate Line Dancing 11-12 Beginning Line Dancing *7-9 Spring Dance</p>
<p>9:30-10:30 Tai Chi 12 10:30-12 Dominoes 11:30-3 Canasta</p>	<p>10-11 Workout w/Donna 13 11-12 Bible Study' 12 Lunch w/Tom Sawyer Reading 1-2 Advisory Council Meeting</p>	<p>9-12 Bridge 14 11-11:45 Pilates with Ellen 11:30-3 Rummikub 12 Lunch *1-2 Ballroom Dancing—Waltz</p>	<p>10-11 Workout w/Donna 15 11-2 Wii Bowling @Oaks On Parkwood w/ Lunch 12 Lunch *1-3 Acrylic Art Class</p>	<p>*9-10 ZUMBA Gold 10-11 Intermediate Line Dancing 11-12 Beginning Line Dancing</p>
<p>9:30-10:30 Tai Chi 19 10:30-12 Dominoes 11:30-3 Canasta</p>	<p>10-11 Workout w/Donna 20 11-12 Bible Study' 12 Lunch w/Tom Sawyer Reading 1-3 Let's Wit</p>	<p>9-12 Bridge 21 9-1 Botanical Gardens w/Lunch @bistro pro Vare Outing 11-11:45 Pilates with Ellen 12 Lunch *1-2 Ballroom Dancing—Waltz</p>	<p>10-11 Workout w/Donna 22 11:15 New Beacon Blood Pressure/Blood Sugar Clinic 12 Lunch 12:15 Delores Hydock—Author *9-1 AARP Driving Class</p>	<p>*9-10 ZUMBA Gold 10-11 Intermediate Line Dancing 11-12 Beginning Line Dancing *9-1 AARP Driving Class</p>
<p>9:30-10:30 Tai Chi 26 10:30-12 Dominoes 11:30-3 Canasta</p>	<p>10-11 Workout w/Donna 27 11-12 Bible Study 12 Lunch w/Tom Sawyer Reading 1-3 Let's Wit 10:30-1 Egg & I Brunch Outing</p>	<p>9-12 Bridge 28 11-11:45 Pilates with Ellen 11:30-3 Rummikub 12 Lunch *1-2 Ballroom Dancing—Waltz</p>	<p>10-11 Workout w/Donna 29 12 Lunch 12:30 Walking Heardmont Park</p>	<p>*9-10 ZUMBA Gold 10-11 Intermediate Line Dancing 11-12 Beginning Line Dancing</p>